

THE GELBOTTLE INC

GEL POLISH

(ORIGINAL, HEMA-FREE & BLOOMING GEL)

APPLICATION GUIDE



GEL POLISH

(ORIGINAL, HEMA-FREE & BLOOMING GEL)

BASE COAT RANGE

There are three base coats to choose from before continuing your gel polish service. Ensure you use the correct one for your client.

TGB 2-IN-1 BASE COAT

- Designed for strong natural nails with a built-in primer to ensure long lasting wear.
- We recommend using the 2-In-1 Base Coat on clients with natural strong and healthy nails or for pedicures.

TGB RUBBER BASE

- A base coat that is flexible and bends with the nail. Rubber Base is designed to give extra strength to flaky, brittle, thin or splitting nails.
- We recommend using Rubber Base on all clients and nail types for a strengthening addition to your gel polish manicure.

BOND BASE

- A game-changing base coat that flexes and bends with the natural nail to reduce lifting and breakages. Complete your sets with our HEMA-Free Glow Top.
- We recommend Bond Base for clients with a confirmed HEMA allergy.

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ORIGINAL

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STEP 1 : NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: BASE COAT

- Apply a thin and precise layer of your chosen TGB Base Coat.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

GEL POLISH

ORIGINAL

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STEP 3: FIRST COLOUR COAT

- Apply a thin coat of any TGB Gel Polish colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

STEP 4: SECOND COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

STEP 5: TOP COAT LAYER

- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds

STEP 6: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

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HEMA-FREE PAINT

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HEMA-Free Paint should only be used with HEMA-Free Bond Base, Glow Top or Rubber Base.

STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone or IPA.

STEP 2: SECOND COLOUR COAT

- Apply a thin and precise layer of TGB Bond Base.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

STEP 3: FIRST COLOUR COAT

- Apply a thin coat of any TGB Hema-Free Paint. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

GEL POLISH

HEMA-FREE PAINT

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STEP 4: SECOND COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

STEP 5: TOP COAT LAYER

- Apply your preferred Hema-Free Top Coat either TGB Glow Top or Rubber Top 2.0.
- Cure using the TGB Light The Way Nail Lamp for 99 seconds.

STEP 6: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

GEL POLISH

BLOOMING GEL

APPLICATION GUIDE

STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: BASE COAT

- Apply a thin and precise layer of your chosen TGB Base Coat.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

STEP 3: FIRST COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

GEL POLISH

BLOOMING GEL

APPLICATION GUIDE

STEP 4: SECOND COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

STEP 5: BLOOMING GEL APPLICATION

- Apply an even layer of Blooming Gel – DO NOT CURE.
- Using a liner/dotting tool, draw the design into the wet product with your chosen TGB Colour.
- Allow the design to disperse within the blooming gel before curing for 60 seconds in the TGB Light The Way Nail Lamp.

STEP 6: TOP COAT LAYER

- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

STEP 6: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

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REMOVAL

STEP 1: PREP

- Sanitise your and your customer's hands.

STEP 2: PRODUCT REMOVAL

- Using the 120/180 File, remove the top coat by filing the entire surface of the leftover gel polish until the shine has gone completely.

STEP 3: SOAK OFF

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail.
- Leave to soak for 10 to 15 minutes, times may vary depending on the products used such as; nail art, glitter and number of layers.

STEP 4: REMOVAL

- Remove the foil from one nail whilst keeping the others wrapped in acetone.
- Don't force the gel off, if it is still hard, allow the gel to soak for longer.
- Use the TGB ProPrep tool to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

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REMOVAL

STEP 5: BUFF AND SHAPE

- If there is any TGB Base Coat residue left, use a TGB 100/180 Buffer to gently buff it off.
- Any TGB Base Coat left on the nail plate needs to be only slightly buffed to avoid over buffing the natural nail, concentrating on areas around the cuticles.

STEP 6: FINISH

- Once all product is removed, apply a generous amount of Cuticle Essence.

GEL POLISH

Study with TGB Academy on the ABT and Guild-accredited Gel Polish Beginner course and learn everything you need to know to become a confident and successful nail technician with all the necessary skills to begin your career in the nail industry.

WHAT TO EXPECT

This course covers nail health, safety and hygiene including the anatomy and physiology of the natural nail and skin, as well as any contra-actions and contraindications. You will leave this course with an in-depth knowledge of nail care, nail preparation, proper TGB Gel Polish application techniques and safe removal tips.

You will also learn massage techniques using the luxurious TGB SPA™ range to elevate your gel polish services.

Start your journey with TGB today and we'll support you throughout your career. There's no better place to begin – so why wait?

