

THE GELBOTTLE INC

TGB SPA™

APPLICATION GUIDE



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Elevate your manicure and pedicure treatments with our body care system, TGB SPA™.

Made in the UK, TGB SPA™ offers cost-effective, salon-grade and refillable body care staples in professional sizes for every nail tech and every business.

- Refillable system.
- Professional sizes.
- Dermatologically tested.
- Made in the UK.
- Salon-grade.
- Full mani-pedi treatment.
- Vegan & cruelty-free.

STEP 1: CLEAN CARE™

- Clean Care™ is a luxurious hand wash that will elevate your treatments. It's enriched with Vitamin E to lock in moisture, leaving skin feeling soft and supple.
- Apply one pump to damp hands (or two pumps for feet) and rinse for a gentle yet refreshing experience.
- Lather this product under warm water to ensure both your and your client's hands are cleansed thoroughly before you continue.

STEP 2: PILLOW POWDER™

- Pillow Powder™ is an indulgent repair soak. The pillow-soft foam contains a nourishing blend of Almond Oil and Vitamin E to soften and soothe the skin.
- Add 1-2 scoops of Pillow Powder™ to running warm water and allow to foam. Soak hands or feet for 8-12 minutes. After soaking, pat dry with a clean towel.
- After the recommended time, remove one hand from the bowl and pat dry with the TGB SPA™ Hand Towel.

Note: For dryer or harder skin, we recommend Smoothie Scrub™.
For a more gentle exfoliation, choose Mineral Scrub™

STEP 3: SMOOTHIE SCRUB™

- Smoothie Scrub™ is a smoothing body polish, enriched with skin-softening Peach Kernel Oil and cell-stimulating Castor Oil. A treat for your skin and your senses, our luminous scrub buffs away dead cells with an all-natural blend of Ground Coconut Shell and Sugar. The result? Unbeatable silky-smooth skin.
- Apply scrub to damp skin, using a walnut-sized amount for hands (2-3 walnut sizes for feet). Massage in circular motions and rinse with warm water. This is an intense scrub, perfect for harder skin.

STEP 3: MINERAL SCRUB™

- Mineral Scrub™ is a renewing body exfoliator. Our all-natural blend of Silica Mineral, Olive Stone and Coconut Husk refreshes, polishes and removes dead skin.
- Apply a walnut-sized amount of scrub to the hands (use 2-3 walnut-sized amounts for feet).
- Massage Mineral Scrub™ in circular motions on the hand/foot. For clients with exceptionally hard skin, focus on exfoliating these areas.
- Once you have thoroughly exfoliated, place the hand/foot back into the manicure bowl and carefully wash off the Mineral Scrub™.
- You can now remove the other hand from the bowl. Gently pat dry and repeat the Mineral Scrub application on the hand and arm before placing back into the bowl and carefully washing off the the scrub.
- Remove both hands and dry with a fresh towel.

STEP 4: THERAPY MASK™

- Therapy Mask™ is a purifying glow treatment supercharged with French Pink Clay and moisture-locking Hyaluronic Acid to smooth and brighten dull skin.
- Apply the mask generously to hands, feet or anywhere the skin needs detoxifying. Leave on for 5-10 minutes before rinsing with warm water or removing with a damp towel.
- After the recommended time has passed, remove the mask by firmly pressing on top of the towel or mitt and sliding off the hand in one motion. If there is any remaining residue on the skin, you can simply massage this in. Repeat this step on both hands/feet.
- Use a fresh towel to ensure the client's hands are completely dry before applying H2O Cream™.

STEP 5: H2O CREAM™

- H2O Cream™ is the indulgent hand and body cream you've been looking for. Infused with seven nutrient-rich botanical oils, including Avocado, Coconut and Macadamia, to reveal revitalised and nourished skin with an airbrushed finish.
- Massage 1-2 pumps into clean and dry hands. For feet or areas that need added moisture, use 2-3 pumps.

STEP 6: BETTER BALM™

- Better Balm™ is your universal skin saviour, from tip to toe. Blissfully soft, this balm melts into the skin with its natural and antioxidant formula.
- Massage a pea-sized amount into dry skin. You can also use this balm to perform massage treatments on the hands, feet or body

LEARN MORE WITH TGB ACADEMY

TGB SPA™

Add a touch of indulgence to your appointments with the Luxury Treatment Workshop with TGB SPA™. It's time to indulge in the art of client care.

WHAT TO EXPECT

One of our TGB educators will teach you how to create the perfect rejuvenating experience for your clients. You'll learn the correct techniques for using TGB SPA™ during a manicure and pedicure and take your appointments to the next level.

Plus, if you're a nail tech on-the-go, this workshop will also showcase the best way to incorporate TGB SPA™ into your mobile appointments.

The workshop video is yours to keep! Watch it again and again as much as you like. Download today to elevate your manicures and pedicures with TGB Academy.

<https://thegelbottle-academy.com/en/>

